* Assess patients’ conditions and develop individualized care plans.
* Administer medications, treatments, and injections as prescribed.
* Monitor and record vital signs (e.g., blood pressure, heart rate, and temperature).
* Assist with activities of daily living (e.g., hygiene, mobility, and nutrition) for patients.
* Respond to emergencies and provide life-saving care, such as CPR.
* Conduct initial and ongoing assessments to evaluate patients' physical and mental health.
* Document and report symptoms, conditions, and progress to doctors and other healthcare professionals.
* Administer medications, intravenous (IV) fluids, and blood transfusions.
* Set up and monitor medical equipment such as ventilators, catheters, and feeding tubes.
* Educate patients and families on health conditions, treatments, medications, and post-hospital care.
* Advocate for patients’ needs, rights, and preferences in their care.
* Work closely with doctors, specialists, and other healthcare professionals to provide holistic care.
* Coordinate discharge planning and follow-up care for patients.
* Collaborate with multidisciplinary teams to develop care plans.
* Clean, dress, and manage wounds to prevent infection.
* Provide care to patients recovering from surgeries, including pain management.
* Implement infection control protocols to minimize the spread of disease.
* Educate patients and families on hygiene practices.
* Provide emotional support to patients dealing with chronic illnesses or difficult diagnoses.
* Assist patients and families in coping with loss, grief, or end-of-life care.
* Maintain accurate and up-to-date medical records for each patient.
* Document care plans, treatments, and patient progress in compliance with legal and regulatory standards.
* Supervise and mentor junior staff, such as Enrolled Nurses and nursing aides.
* Train and guide nursing students or interns.
* Work in specialized areas like ICU, paediatrics, mental health, aged care, or emergency departments.
* Adapt to the unique needs of different patient populations in these fields.
* Promote healthy lifestyles and provide education on disease prevention.
* Participate in public health initiatives, such as vaccination drives.
* Follow healthcare laws, regulations, and organizational policies.
* Ensure adherence to ethical practices in patient care.